

Why Should I go To A Chiropractor?

Chiropractic is now the largest non-medical healing art in the world, attending millions of people each year: housewives and movie stars, scientists and businessmen, lawyers and labourers, infants and the elderly, professional athletes and “weekend warriors”, all come seeking the unique services that only a doctor of chiropractic can provide.

But millions of sick, suffering and dying people, perhaps living on painkillers and other drugs, or facing surgery, have never tried chiropractic care even though help may be literally around the corner.

Who should go To A Chiropractor?

Who should go to a chiropractor? It depends on whom you ask. For example, if you asked a person whom was relieved of migraines he'd say, “Anyone with migraines should see a doctor of chiropractic,” A child who no longer wets his bed will say, “Chiropractic is for bed-wetting.” “Anyone with menstrual problems should go”, says a woman who suffered from menstrual cramps. Someone saved from back or disc surgery would say chiropractic is for people with spine, back or neck problems.

There are case histories of people recovering from nearly every know disease and condition under chiropractic care; heart trouble, hyperactivity, fatigue, allergy, digestive problems, colds, flu, infertility, and hundreds of other conditions.

Why?

You may surprised to learn that doctors of chiropractic do not treat migraines or bedwetting or menstrual cramps or backaches or the flue or high fever or any other disease. The goal of the chiropractor is to awaken your own natural healing ability by correction the vertebral subluxation complex, one of the deadliest, most destructive blockages of life and energy you can suffer from.

By correcting the vertebral subluxation complex, your doctor of chiropractic promotes natural healing, vitality, strength and health. That's why, if you'd go into the waiting room of a doctor of chiropractic you'd probably see people with many kinds of health problems yet they are there for one thing only, to have their vertebral subluxations corrected, not to have their diseases treated.



Vertebral Subluxation Complex

If the spinal column is unbalanced, the nerve system that it protects is placed under stress, is

damaged and is not able to function at 100% capacity.

That causes dis-ease or overall body disharmony or malfunction. It interferes with, and damages your nerves, ligaments, discs and joints; weakens your muscles; and alters the energies to all parts of your body. Your internal organs may get less blood; even your brain may get less oxygen.

The most frightening thing is that you may have subluxations in your body for years without noticing any effects. Eventually they can weaken you to the point were you'd begin to develop lowered resistance and fall prey to sickness and diseases of all kinds. Doctors of chiropractic analyse your spinal column and structural system for areas of vertebral subluxation complex. They re-balance and realign your body using chiropractic “spinal adjustment” techniques.

The Chiropractic Message

Chiropractic's message is simple; you have within you an inborn or innate natural healing ability that need to be reawakened and unleashed. Your body is your best doctor! But the vertebral subluxation complex is a serious major stress that interferes with your natural inner doctor's proper function. You'll feel better, heal better and live longer if you have no vertebral subluxations inside you.

Periodic chiropractic examinations and adjustments by correcting the vertebral

subluxation complex help promote your hidden healing ability.



Common Questions about Chiropractic

Why Should I go to a Chiropractor?

Because having a health spinal column makes good common sense. If you're sick, you should go to strengthen your natural healing ability. If you're feeling fine, you should remember that vertebral subluxations are painless, silent killers". You and your family should get your spines checked periodically to make sure you're living free from hidden vertebral subluxations so you are functioning at your fullest. Why wait for disease to happen before you begin to improve your health?

Should I Go To A chiropractor If I'm suffering From A Disease?

Absolutely! Chiropractic care will help turn on your body's natural healer, and improve self-healing ability. You'll be better able to fight whatever disease or condition you're suffering from.

Can I go If I'm under Medical Care?

Yes. Having your vertebral subluxations corrected is important no matter what other type of care you're receiving. You can have your column checked for vertebral subluxations by a doctor of chiropractic and still visit a doctor of homeopathy, naturopathy, osteopathy or medicine. M.D's and other healers cannot tell you if you're suffering from vertebral subluxations and are not trained in correcting them.

Postscript

No matter what disease or condition you have, you can benefit from a healthy spine. Spinal health can be as important for your overall healing as proper nutrition. Are you and your family carrying the vertebral subluxation complex in your spines? Only a chiropractic check-up can tell.

Among the many things contributing to your health: the quality of the air, food and water you take in; how you handle emotional stress; your inherited weakness and strengths; your use of drugs, exercise and relaxation –a healthy spine is absolutely essential. In some people it is a major factor and can make the difference between a life of health, strength and vitality and a life of disease, weakness and disability.

A healthy spine can improve your life- see your chiropractor for regular spinal checkups.

Why Should I Go To A Chiropractor?

CENTRO QUIROPRÁCTICO NILSSON



Plaza Balduino I de Bélgica s/n, Local B,
l'Álfas del Pi, Alicante

Tel: (+34) 965 889 303

Email: info@centroquiropacticonilsson.com
www.centroquiropacticonilsson.com